



## REDUCe2

Palliative Long-term Abdominal Drains Versus Repeated Drainage in Untreatable Ascites Due to Advanced Cirrhosis: A Randomised Controlled Trial

### RECRUITMENT UPDATE (as of 31<sup>st</sup> July 2024)

A total of **109** participants have now been randomised.

The **100<sup>th</sup>** participant was randomised by the fantastic team at Plymouth. You can read more about them on page 4.

We had a draw for a hamper for those sites who randomised the 96<sup>th</sup> – 100<sup>th</sup> participants. The winner was **Hull** - enjoy your prize. Which site will win the next hamper?

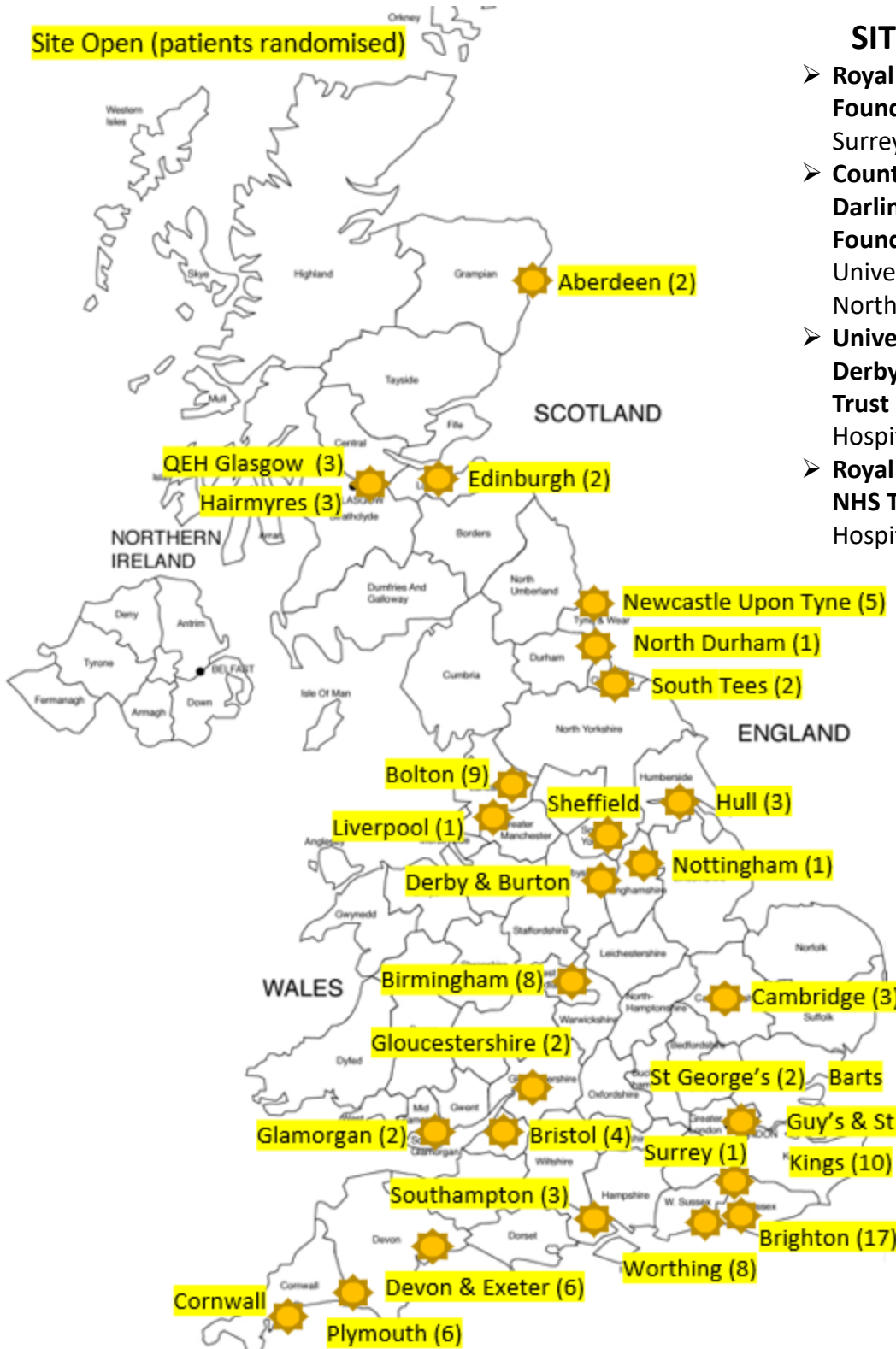
We have reached our monthly recruitment target for the last 5 months!! Keep up the great work everyone.

**To achieve our overall target of 310 patients we now need to recruit 2 patients per week.**



## SITE NEWS February, March & April

### Site Open (patients randomised)



### SITES OPENED

- **Royal Surrey NHS Foundation Trust** – Royal Surrey County Hospital
- **County Durham & Darlington NHS Foundation Trust** - University Hospital of North Durham
- **University Hospitals of Derby and Burton NHS Trust** - Royal Derby Hospital
- **Royal Cornwall Hospitals NHS Trust** - Royal Cornwall Hospital



## REDUCe2 COMMUNICATION WORKSHOPS



The next two facilitator-led 1-day communication courses with interactive, didactic presentations, group exercises & discussions are planned for early March 2025

At the moment we are looking for venues in Birmingham and Glasgow. Exact dates will be announced as soon as possible!

Workshops are suitable for any REDUCe2 core multidisciplinary team member and attract CPD points.

Attendance is **FREE** with refreshments and lunch provided. Sites can claim back up to £100 travel expenses for 2 participants.





## Meet the Team .....

### University Hospitals Plymouth NHS Trust - Derriford Hospital

Our team here at Plymouth is made up of Professor David Sheridan, Principal Investigator, Dr Tamar Avades, Sub-Investigator, Hepatology Nurse Consultant Amanda Clements, Hepatology Advanced Clinical Practitioners Percy Hendry and Katie Ramos and Research Nurses Kelly Bowers, Sasa Topol and Sheeba Rose.

Our site opened in March 2023, and to date, we have recruited 6 participants.

Our specialist hepatology nursing team are quick to identify any individuals that are potentially suitable for the study and will discuss this at MDT, sharing the results of these discussions with the research team.



Left to right Kelly Bowers, Percy Hendry and Sasa Topol.



## Meet the Team ..... (cont.)

As a team, we ensure that we explain the LTAD and LVP arms of the study from a neutral position, not showing a preference for either arm. Despite this, many of our participants have expressed a clear preference for the LTAD arm. Only one of our recruits have been randomised to LTAD and the remaining 5 have been randomised to LVP. Managing some of the participants' disappointment of being randomised to the LVP arm has proved to be one of the most challenging aspects of the study.

Although challenging at times, it is an absolute privilege to be part of this study. The participants let us into their lives at such a difficult stage of their disease progression. We have gotten to know the participants and their families, and I hope that we have been successful in providing an extra layer of support to both. There have been laughs, there have been tears, participants have shared with us their most precious of memories as well as fears of what's to come.

We hope that the lived experience of all RECUCe2 participants throughout the study will help to develop a very clear set of guidelines to ensure that all patients can receive drainage of ascitic fluid, the way that they would prefer at the end of their lives.

Thank you to Alison, Sumita and Yaz for always being on the end of the phone or email to answer our many questions.

Kelly Bowers



## Top Tips & FAQs

### Documents to be sent after randomisation

Please send the following documents to [reduce2@bsms.ac.uk](mailto:reduce2@bsms.ac.uk) via **Secure** email:

- Patient consent form
- Eligibility Checklist – signed by PI / Co-PI to confirm eligibility
- Caregiver consent form (if applicable)
- Expression of Interest forms for the Qualitative Interview for the patient and / or caregiver, if applicable. These will then be forwarded to SHORE-C.

These should be sent within **1 week** of randomisation.

### Finances

Please let the Trial Manager know about any travel expenses for:

- Site staff to research home visits (up to £100 per patient)
- Patients on LTAD arm for Baseline Visit (up to £30)

Please supply receipts or mileage.

### Ambulatory Health Care (AHCR) Questionnaires

If there is **no** Caregiver, then the following sections can be left blank:

- Section 4: Care giving
- Section 6: Caregiver's Burden Scale in End-of-life care
- Section 8: Caregiver Views About Healthcare and Social Services Received

All other sections can be completed by the Caregiver or Participant.

There's a comprehensive FAQ section on our website -

<https://www.reduce2.co.uk>



## KEY CONTACTS

### General study queries & Sealed Envelope password resets:

Alison Porges (Trial Manager) [reduce2@bsms.ac.uk](mailto:reduce2@bsms.ac.uk)

Tel: 07721 860469

Dr Yaz Haddadin (Clinical Research Fellow): [yazan.haddadin@nhs.net](mailto:yazan.haddadin@nhs.net)

Tel: 07881 326775

### eCRF queries or password resets:

Debbie Lambert (Database Manager): [D.Lambert@bsms.ac.uk](mailto:D.Lambert@bsms.ac.uk)

Tel: 01273 641675

### Database for SFLDQoL & CRRS Questionnaires & Interviews:

SHORE-C Team: [shorec-reduce2@sussex.ac.uk](mailto:shorec-reduce2@sussex.ac.uk)

Tel: 01273 873019

### Additional blood kits:

Dominika Wlazly: [dominika.wlazly@nhs.net](mailto:dominika.wlazly@nhs.net) or [uhsussex.crf.lab@nhs.net](mailto:uhsussex.crf.lab@nhs.net)

### Additional Rocket Medical LTAD Insertion Kits & Drainage Bags / Bottles

Customer Services: [customerservices@RcoketMedical.com](mailto:customerservices@RcoketMedical.com)

### Additional Rocket Medical LTAD Insertion Kits & Drainage Bottles

Contact your local BD rep



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Website - <https://www.reduce2.co.uk>

**Next Newsletter will be October 2024**