Welcome to the FIRST PRAGMATIC participant newsletter. Thank you all so much for taking part. We have reached our recruitment figure of 108 people.

The study has managed to continue despite COVID-19 with the help of the fantastic hospital staff & your good will.

PRAGMATIC aims to assess:

- patients’ thoughts & experiences of the supported self-management pathway in breast cancer
- changes to Quality of Life (QoL) over a 12 month period
- any costs related to breast cancer during the 12 months

**We are measuring these by:**

- asking 108 participants to complete QoL questionnaires 5 times during the 12 months
- and conducting interviews with about a third of participants (32/108)
This study is funded by the Surrey & Sussex Cancer Alliance, Project reference – 19/20 Transformation Funding
Acknowledgements: thanks to all the medical & research staff at each hospital

We appreciate you taking the time to complete your questionnaires and interviews

SEASON’S GREETINGS
Val, Lucy & the SHORE-C Team